



INFECTION CONTROL POLICY & PROCEDURE

Title: Interim Guidance for COVID-19 Testing

Number IC-6007

Effective Date: 1/31/22

Revised Date: 06-08-22

Review Date: (no revisions):

PURPOSE

To provide guidance for testing and isolation of potential or exposed hospital personnel to COVID-19

PROCEDURE

1. If you were exposed to COVID-19 regardless of vaccination status, get tested at least 5 days after you last had contact with someone with COVID-19. You do not need to isolate/quarantine unless you have symptoms.
2. If you test positive and have no symptoms, you should isolate for at least 5 days from date of positive test. If you develop symptoms, isolate for at least 5 days from the date your symptoms began. The date the symptoms start is day 0.
3. If you are symptomatic and test positive for COVID, isolate for at least 5 days from first day of symptoms. The date the symptoms start is day 0. Day 1 is the first full day after your symptoms developed. You can leave isolation after 5 full days.
4. You can end isolation after 5 full days if you are fever-free for 24 hours without the use of fever reducing medication and your other symptoms have improved.
5. If negative but symptomatic, stay home until your symptoms improve and fever free for 24 hours.
6. For Return to work guidance refer to policy IC 6005.

References:

CDC Interim Guidance for Isolation/Quarantine and testing 2022

Authored By:

Director of Infection Control/Employee Health

Authenticated By:

Chief Nursing Officer

Date