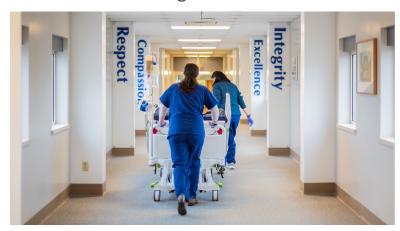
# **NAC RESIDENCY PROGRAM**

Our NAC Residency Program is designed to assist new graduate nurse assistants in a supportive, nurturing environment.



### A Great to Place to Work A Great Place to Live

Grays Harbor is a special place to live. With a mild climate, this is a year-round nature lovers paradise, has beaches, mountains, forests, and lakes at your doorstep.

Olympic National Park and the Quinault rainforest are located in Grays Harbor County. Nine rivers flow into Grays Harbor Bay which is rich in oysters, crab, clams, shrimp, salmon, steelhead, and much more. There is even whale and bird watching from January to June.

Nature isn't the only benefit. The cost of living is exceptionally reasonable. The State Capital Olympia is only an hour drive and Seattle and Portland are an easy 2-2.5 hour drive. Ocean Shores, voted Washington's top family vacation spot, with over 4 million visitors each year is right here on the Harbor.



Harbor Regional Health Community Hospital 915 Anderson Dr. Aberdeen, WA 98520 (360) 537-8330





### **QUESTIONS:**

RESIDENCY PROGRAM: Education Department (360) 537-5438

APPLICATION PROCESS: Human Resources (360) 537-5017

# NAC RESIDENCY PROGRAM

Apply Online

www.ghcares.org/nac-residency

Harbor Regional Health is dedicated to supporting the Nursing Assistant - Certified profession by ensuring that its newest members are given the tools needed to succeed.

#### **Apply Online**

www.ghcares.org/nac-residency



Stacie Sturgill, NAC



Level 3 Trauma Center

# **NAC RESIDENCY PROGRAM**

Gain hands-on experience in a supporting, nurturing environment.

### **Residency Program Objectives:**

Upon completion of the Residency Program NACs will be able to:



- Safely provide care for patients in the Acute Care setting.
- Prioritize patient care based on acuity or urgency of patient's need.
- Recognize and respond to emergency situations.
- Perform vital signs, record, and recognize normal ranges.
- · Assist patients with activities of daily living.
- Accurately measure and record intake and output.
- Collect specimens.
- Understand basic skin integrity and ulcer formation and report potential skin problems to RN.
- Apply protective restraints under the direction of the RN.
- Communicate effectively with individuals and groups.
- Be a part of the nursing team.

## What does the Residency consist of?

During the NAC Residency program, topics listed below will be conducted in classroom settings, skills lab, and on-theunit training:



- General hospital orientation
- Meditech training
- Pressure points
- Manual BP skills
- Vital sign skills
- Admission process
- Discharge process
- Weight
- Belongings

- Drains
- Intake and Output
- Lift training
- Teamwork and communication
- Bedside eyes
- Stress and time management
- Code blue and rapid response
- BLS skills
- AVADE training

Upon completion of the NAC Residency Program, you will continue to receive clinical support from your management team, mentor, preceptor and other members of the healthcare team.



Sandy Velasco, NAC

### I'm Interested! What's next?

We are now accepting applications for our NAC Residency Program. All materials must be received by our Human Resources department by date indicated on the insert.



- New graduates: supply 2 references: 1 instructor, and 1 other (previous employer, coach, clergy, etc.) using the graduate residency NAC candidate reference forms.
- Experienced NACs: supply 2 work references: 1 supervisor, 1 work peer.
- Check with individuals providing references to ensure that they have been returned to HRHCH Human Resources by the deadline.
- New graduates must complete the candidate work preference selection for interview form.
- Ensure all documentation is completed and submitted to Human Resources.
- Successful completion of a nursing assistant program.
- National exam completed for new graduates .
- Active WA State Nursing Assistant-Certified licensure status.