

What to bring/what not to bring

**Please limit personal items to one suitcase* as storage space is limited*

We have a washer and dryer for patient use and we provide the soap

SUGGESTED ITEMS TO BRING:

- 5-7 shirts: shirts with drug/alcohol related slogans are not allowed on the unit
- 5-7 pair of pants, shorts, sweats, etc.
- Socks
- Bra-females are required to wear a bra while on the unit
- Pajamas
- A robe
- Walking shoes – **All shoes must have backs, no slides, flip flops, heels etc. - No exceptions**
- Coat
- Hygiene products: shampoo, soap, toothpaste, etc. (contains alcohol = locked up)
- Cigarettes if you smoke, must be in unopened pack, **Elf bars are the only vape product allowed** - new unopened box – no DIY mods or juices. We provide store runs twice a week on Tuesday & Friday
- Alarm clock radio
- Your own blanket and pillow (we have these, however if you'd like to bring your own you can)
- \$20 for vending machine (all food is provided; this is only if you want extra. Please bring \$10 in \$1's for the vending machine, we do not have change)

DO NOT BRING:

- **Cell phones - make sure to get important numbers off your phone before admission as you WILL NOT have access to it if you bring it with you**
- iPods, laptops, headphones, etc. - these are not allowed on the unit
- Valuable/expensive jewelry/clothing (**HCBH is not responsible for lost/stolen items**)
- Perfume/cologne (these are prohibited per hospital policy)
- Slippers or flip flops-tripping hazard
- No slip-on shoes without a back strap
- Low cut, revealing clothing
- Short shorts, mini skirts, tank tops, spaghetti straps, high heels

****A staff member will go through all patient belongings at time of admit****
If you leave belongings here we will only hold them for 30 days then they will be donated**

Updated 6/15/23